



Greater Manchester

## **Lived Experience Representatives – Generic Role Description**

The Independent Mental Health Network (IMHN) works with local health authorities, health service commissioners, and mental health service providers to improve existing mental health support in Greater Manchester (GM); and support the introduction of new services or types of support.

As part of our work ensuring that co-production is a key part of these projects, IMHN aims to ensure that people with lived experience of mental health have the opportunity to shape and input into these pieces of work.

*Lived experience representatives* bring the perspective of people who have either accessed mental health services or support, or have lived experience of mental health, to projects and meetings taking place across the area that are related to transforming or improving mental health care.

### **Lived experience representatives will;**

- Represent the views and experiences of both themselves and others as part of contributing to the project
- Scrutinise and contribute to the project to ensure that the outcomes remain in the best interests of people with lived experience of mental health
- Represent IMHN, as a network of people with all types lived experience of mental health, in the project

### **About your skills and experience:**

- Your lived experience of mental health enables you to share views and perspectives on the project
- You will be able to share your views and comments within project work
- You will be able to take part in conversations about mental health within the context of the project meetings and work

### **As a lived experience representative, you will:**

- Be supported by the IMHN team, including receiving pre-briefs and de-briefs from meetings
- Receive payment for your contributions at the rate specified in the opportunity description (if applicable)

### **If you wish to express an interest in a lived experience opportunity in GM, you will need to:**

- Read the opportunity description – this will be made publicly available at [gm.imhn.org/get-involved/become-a-lived-experience-representative-for-our-network/](http://gm.imhn.org/get-involved/become-a-lived-experience-representative-for-our-network/)
- Complete the online application form for the opportunity – IMHN can support you if you need to apply via an alternative format
- Share your relevant experience via the application form, including any other experience that you have that you feel may be relevant to the project